



CRE-free Europe: Prevention of antimicrobial resistance across all borders



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CEE Conference 2019, Vienna

Disclosure of speaker's interests

(Potential) conflict of interest

None

Potentially relevant company relationships in connection with event

None

Sponsorship or research funding

Several National and European Grants

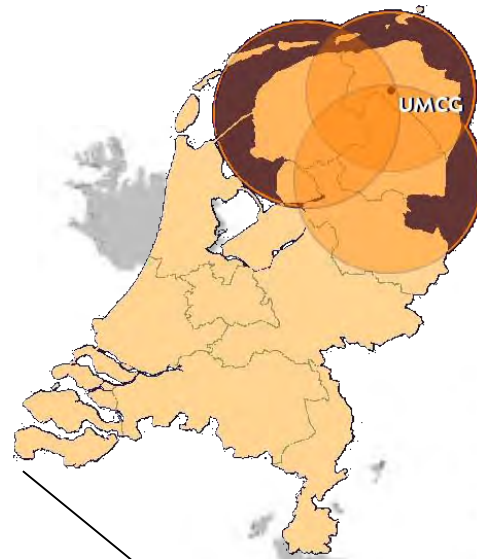
The European Union's Horizon 2020
COFUND programme



University Medical Center Groningen
(UMCG)



Groningen, the very North of the NL



Academy Square in Groningen

The following 40 minutes...

- The challenge
- The reasons behind
- Across borders
- Network-prevention

Imaging you are living in the first-floor apartment of a house and it erupts a fire on the roof. What will you do?

- A. Close the door of your apartment
- B. Close watersupply for the appartments at the roof
- C. Protect your apartment and help the others



RESEARCH ARTICLE

Cost-Analysis of Seven Nosocomial Outbreaks in an Academic Hospital

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OPEN ACCESS

Citation: Dik J-WH, Dinkelacker AG, Vemer P, Lo-Ten-Foe JR, Lokate M, Sinha B, et al. (2016) Cost-Analysis of Seven Nosocomial Outbreaks in an Academic Hospital. PLoS ONE 11(2): e0149226. doi:10.1371/journal.pone.0149226

Editor: Olivier Baud, Hôpital Robert Debré, FRANCE

Received: December 9, 2015

Accepted: January 28, 2016

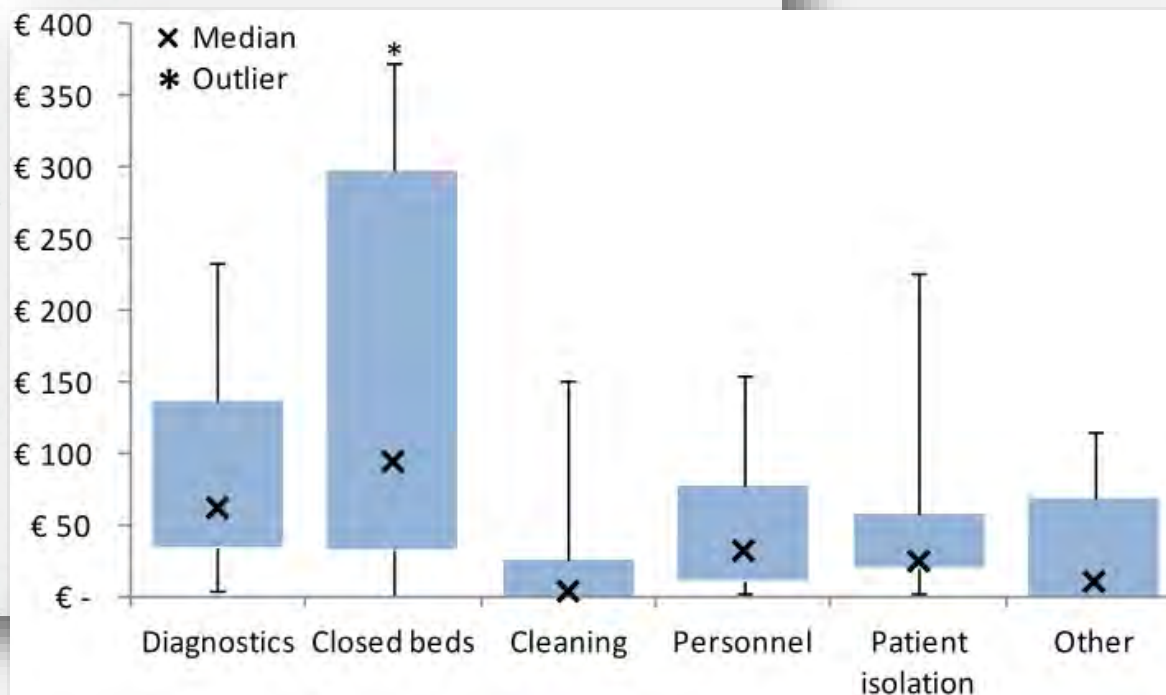
Published: February 10, 2016

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Data Availability Statement: All relevant data are within the paper.

Funding: This work was partly supported by the European Union, the German states of North Rhine-Westphalia and Lower Saxony and the Dutch provinces Overijssel, Gelderland and Limburg via the

Abstract



Cost-analysis of nosocomial outbreaks

7 outbreaks over 2 years at UMCG

Costs 10.778-356.756 Euro

Per pos. patient/outbreak-day:
546 Euro

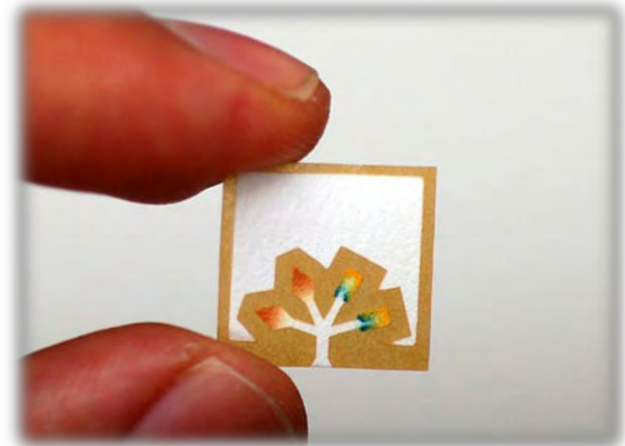
(e.g. 46 pat./12 weeks: 311.000 Euro)

Important changes for modern microbiological diagnostics

- Value-based Medicine

Porter M. NEJM 2010

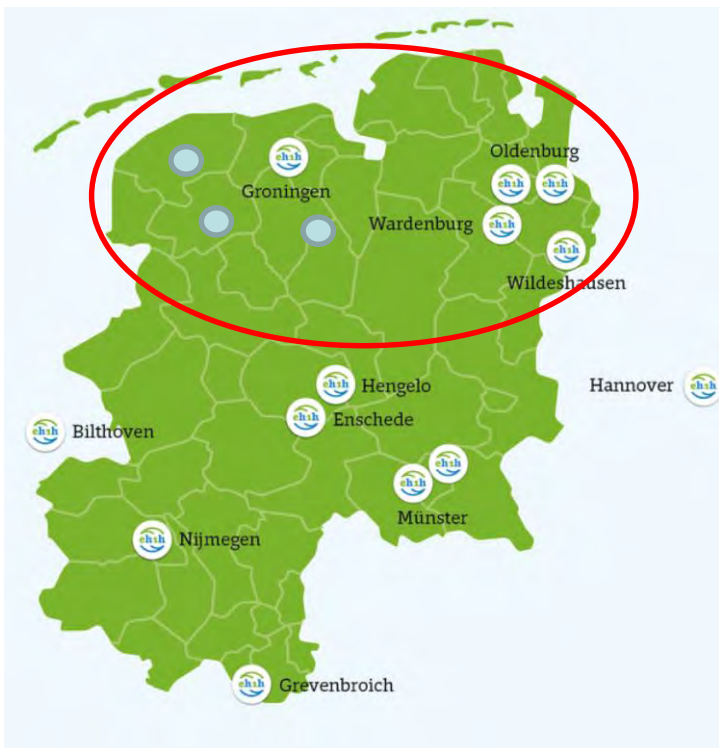
- Prevention-economic models: pay for safety instead of -performance
- Disruptive innovations (metagenomics)
- personalised /interventional microbiology
- “Zero-cost”-diagnostic-movement





Prevention-economic model

- Integrated cost models for diagnostics within the price of the antibiotics
- Regional prevention budgets (system allowance)
 - A financial incentive for rapid diagnostic in acute- care hospitals (Euro-hour-model)
 - Prevention-fostering reimbursement following an insurance model, whereby risk behaviour (e.g. high SSI, low hand hygiene) gets risk premium



Epidemiology of Extended-Spectrum β -Lactamase-Producing *E. coli* and Vancomycin-Resistant Enterococci in the Northern Dutch-German Cross-Border Region

OPEN ACCESS

Edited by:
John R. Battista,
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Reviewed by:
Zhuofei Xu,

Xuwei Zhou^{1†}, Silvia García-Cobos^{1†}, Gijs J. H. M. Ruijs², Greetje A. Kampinga¹, Jan P. Arends¹, Dirk M. Borst¹, Lieke V. Möller³, Nicole D. Holman⁴, Theo A. Schuurs⁵, Lesla E. Bruijnesteijn van Coppenraet², Jan F. Weel⁶, Jan H. van Zeijl⁶, Robin Köck^{6,7}, John W. A. Rossen^{1†} and Alexander W. Friedrich^{1†}

Parameter	EUREGIO-NL	EUREGIO-DE	Ratio
MRSA/100 admissions*	0,11	1,1	1:10
VRE/ 100 admissions	1,3	3,9	1:3
ESBL/100 admissions	6,1	7,7	1:1
CR-MO/100 admissions**	0	0,03	1:1

** prelim. results, Corinna Glasner, Laufende Screening-Studie, EurHealth-1Health

Do we compare the right data?

MRSA Blood culture rates in the Euregio per patients vs. per inhabitants

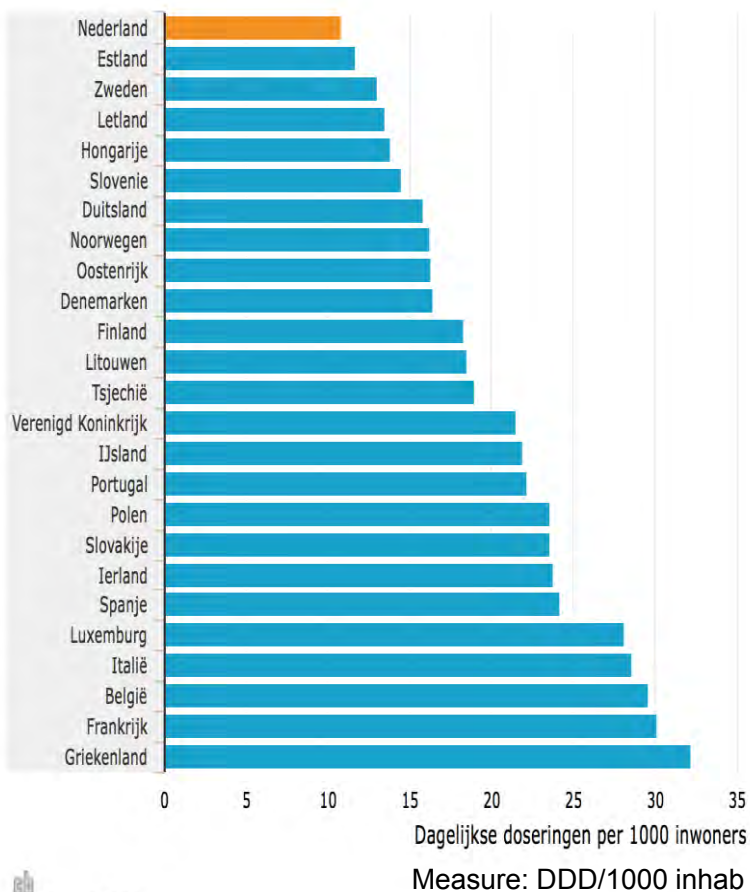
2012-2015								
	Patients	Pat-days (Pd)	Inhabitants	Patients /100 Inh	Pd/ 100 inh	MRSA-BC	MRSA-BC /10000 pat	MRSA-BC /10000 inh
DE	1.655.580	11.496.572	7.012.932	24	164	274	1,7	0,4
NL	443.863	2.505.630	8.343.128	5,3	30	29	0,6	0,04
Ratio	4:1	5:1	1:1	5:1	5:1	9:1	3:1	10:1

still 30 minutes to go...

- The challenge
- The reasons behind
- Across borders
- Network-prevention

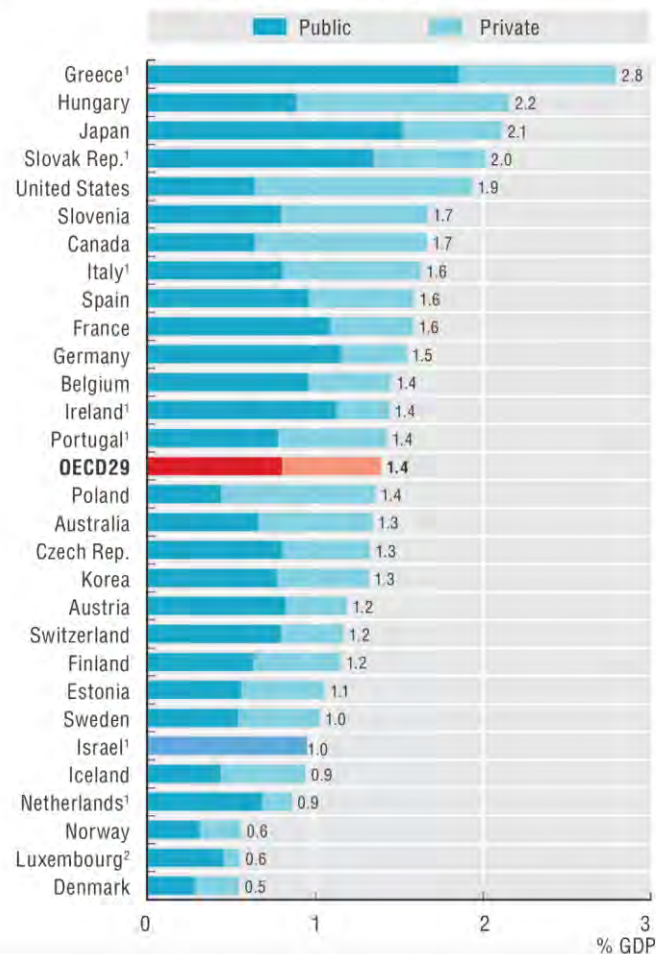
Comparison of rates of antibiotic prescription

Verstreckte antibiotica in Europa, 2013



Bron: OESO

10.3. Expenditure on pharmaceuticals as a share of GDP, 2013 (or nearest year)

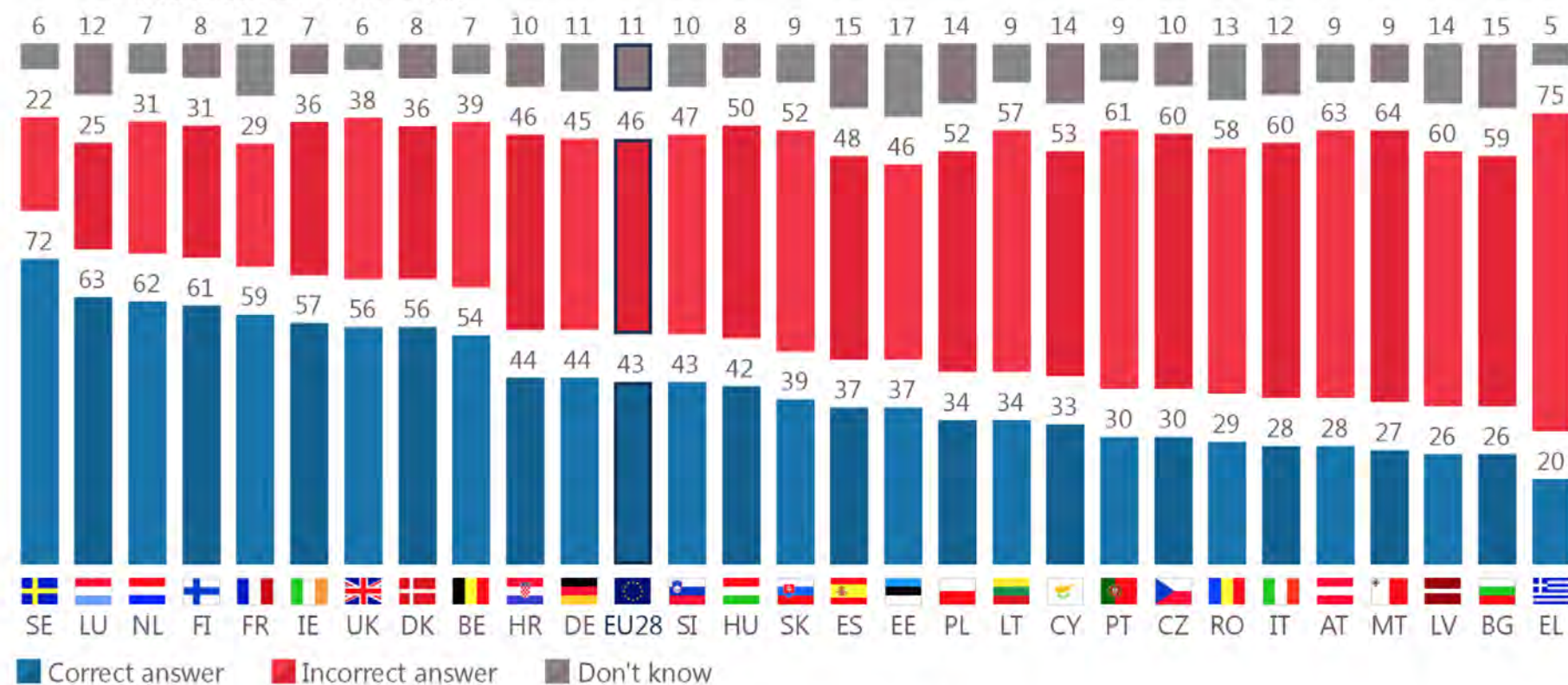


Eurobarometer 2015

On national level

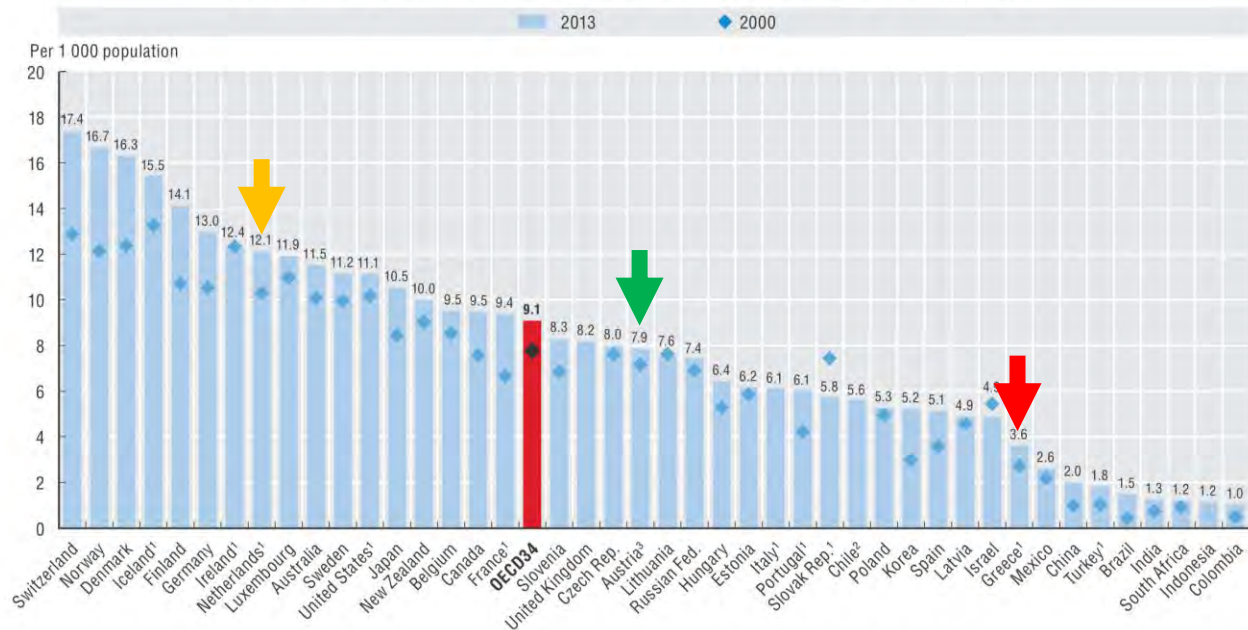
QB4.1 For each of the following statements, please tell me whether you think it is true or false.

Antibiotics kill viruses (%)

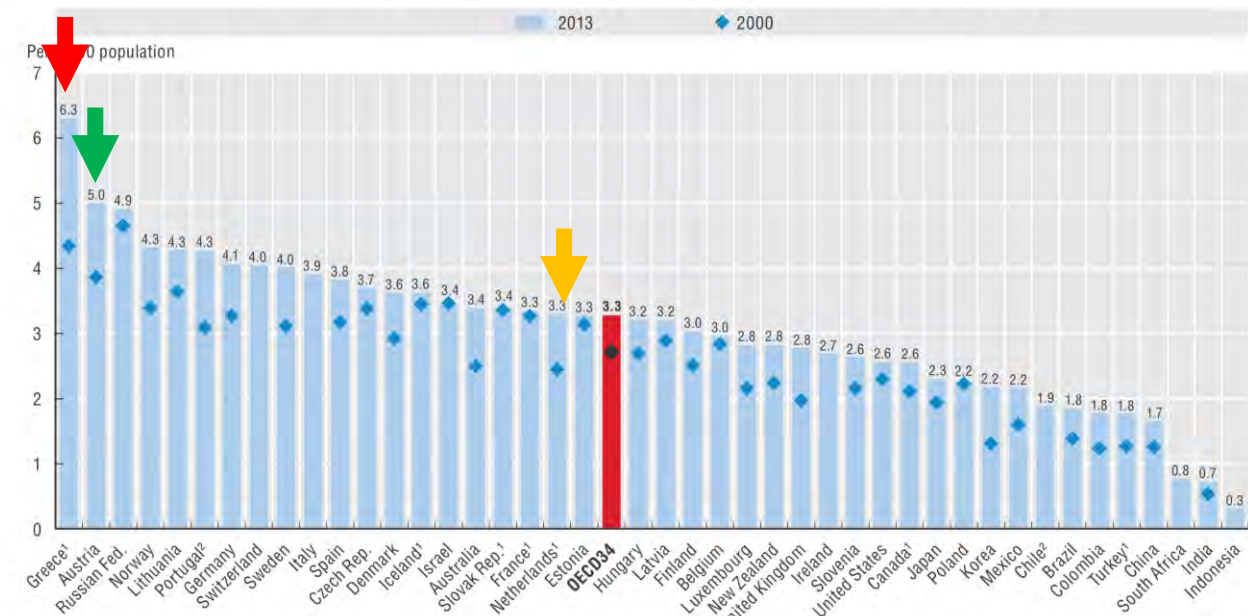


Correct Answer=False

5.13. Practising nurses per 1 000 population, 2000 and 2013 (or nearest year)

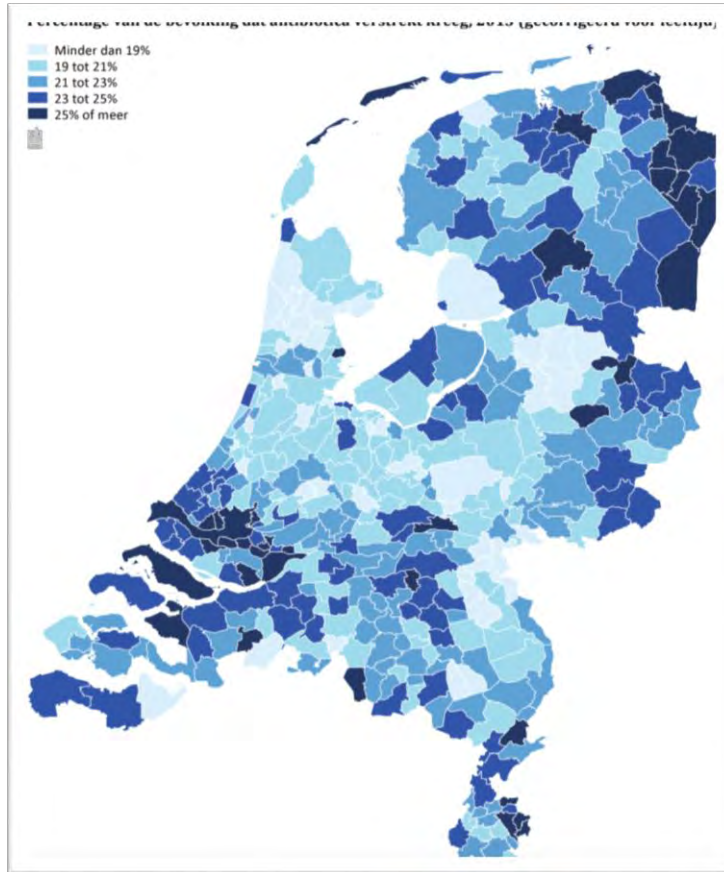


5.1. Practising doctors per 1 000 population, 2000 and 2013 (or nearest year)



Comparison of rates of antibiotic prescription

Netherlands



Niedersachsen

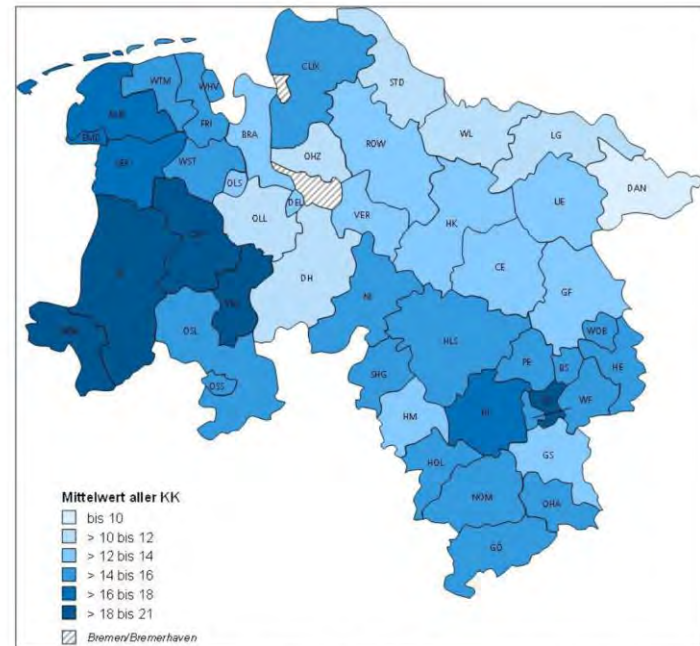
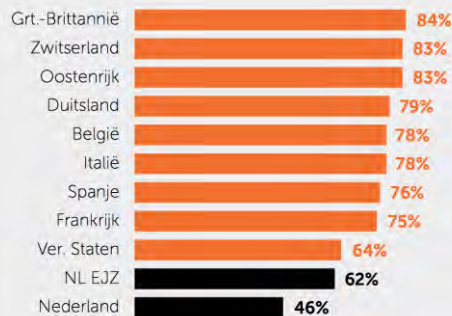


Abbildung 12: Verordnungsdichte(DDD/1000 Versichertentage) in den Landkreisen und kreisfreien Städten Niedersachsens 2015 über alle Altersklassen und alle ATC-Codes.

On regional level

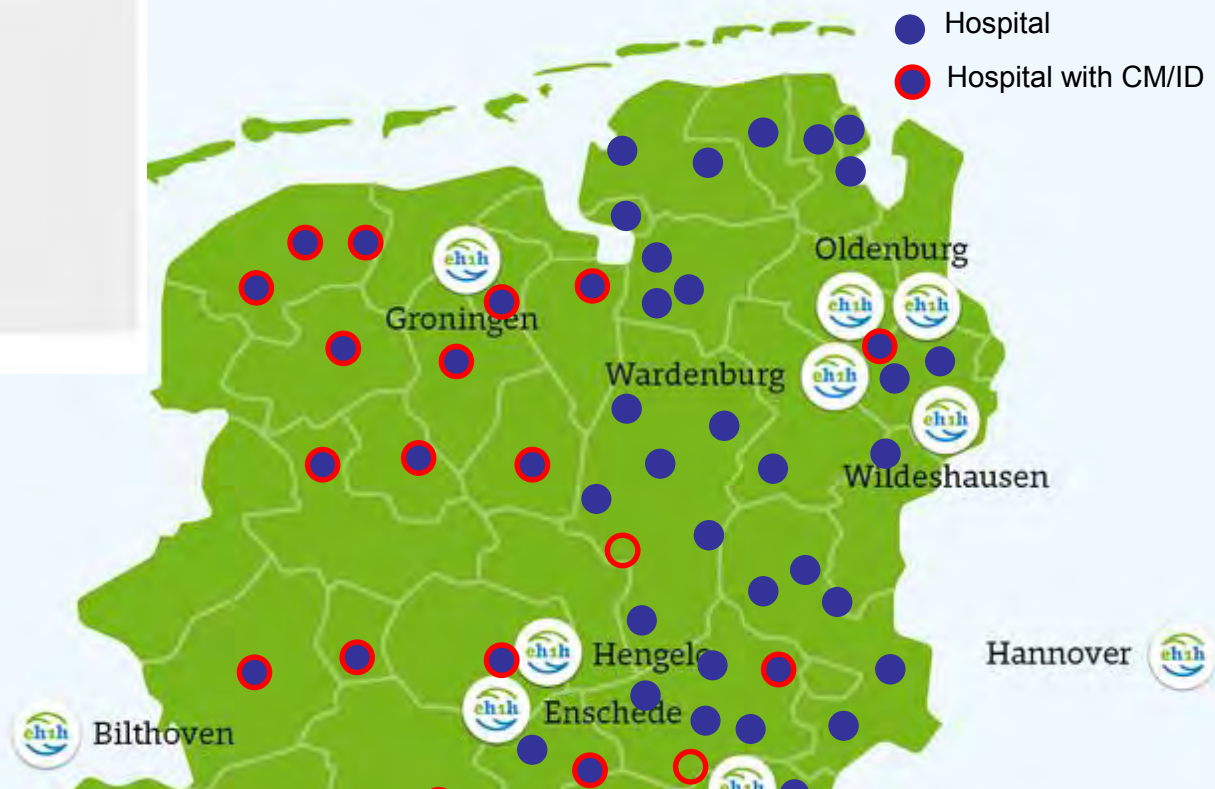
Measure: DDD/1000 inhab

System differences



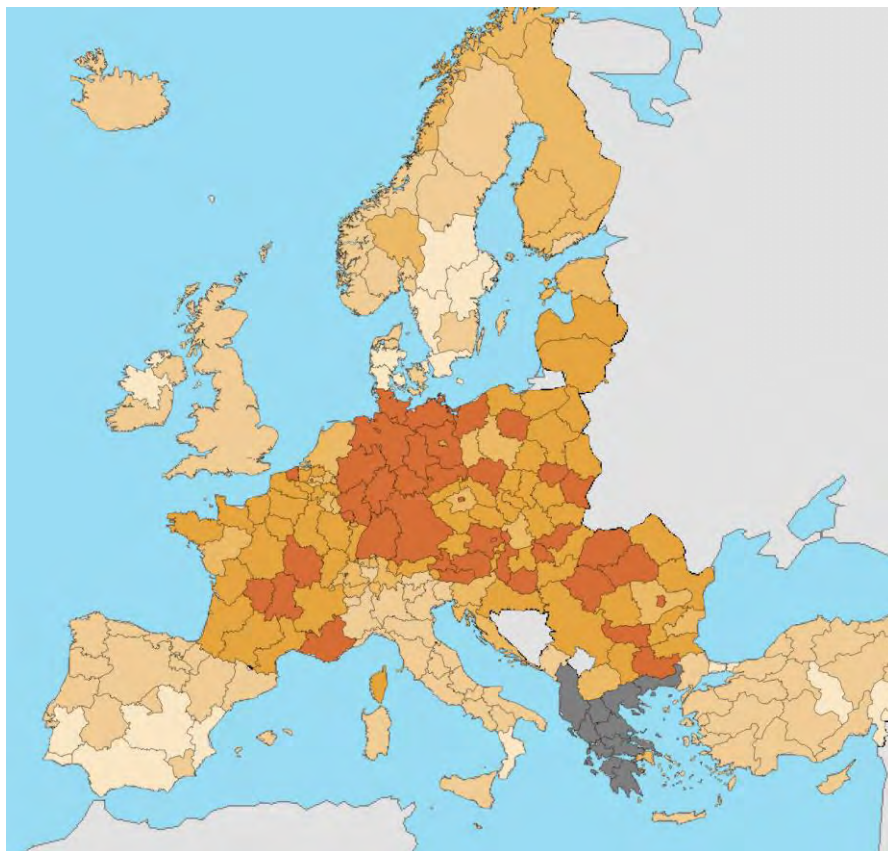
Bron: OECD Health Data

Euregional Antibiotic Resistance and Infection Prevention



Parameter	Euregio-NL	Euregio-DE	Ratio
Inhabitants	8,3 Mio	7 Mio	1:1
Acute care hospital	35	147	1:5
Beds per 1000 inh.	1,5	6	1:4
Stat. patients /100 inh.	6,6	23,8	1:4
HCW: patients ICU (ward)	1,2 (7)	3,4 (14)	3:1
Doctors in own practice/ 1000 inh.	0,4	1,5	1:4
CM/ID per 1000 beds	4,3	1	4:1

Data: EurHealth-1-health 2018



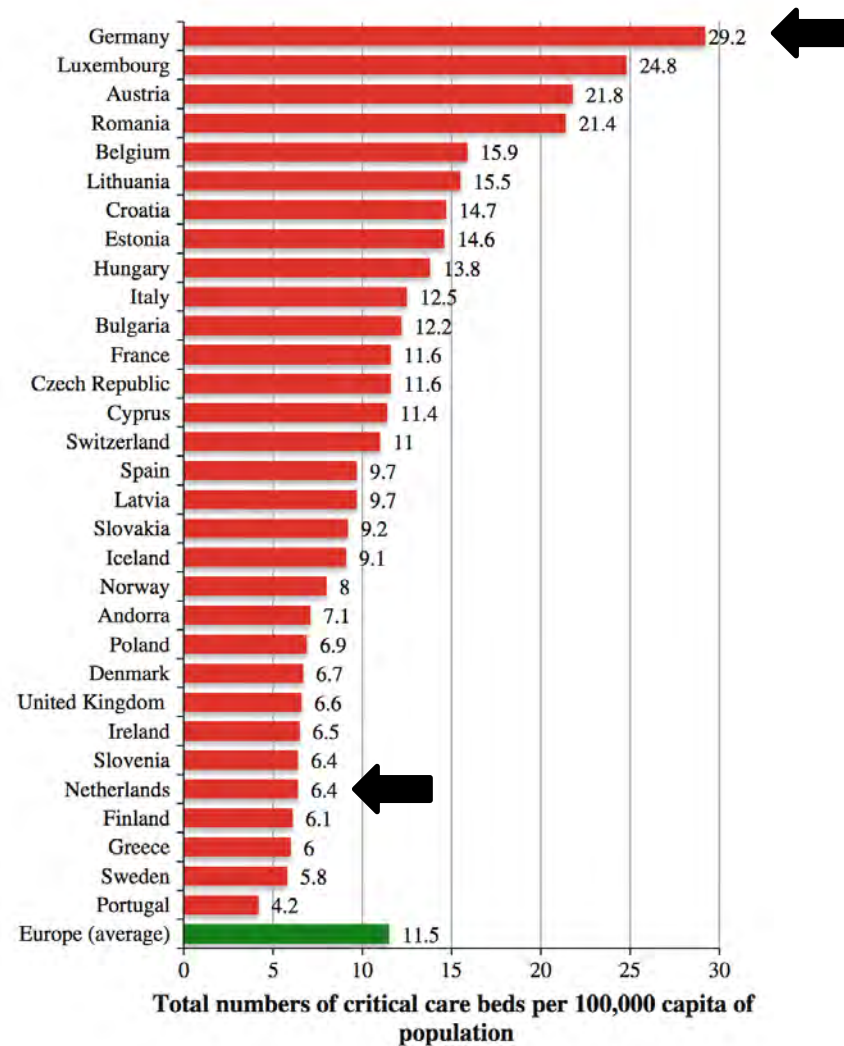
3.3 Number of hospital beds

Number of hospital beds relative to population size, by NUTS 2 regions, 2015 (number per 100 000 inhabitants, EU-28 = 515)

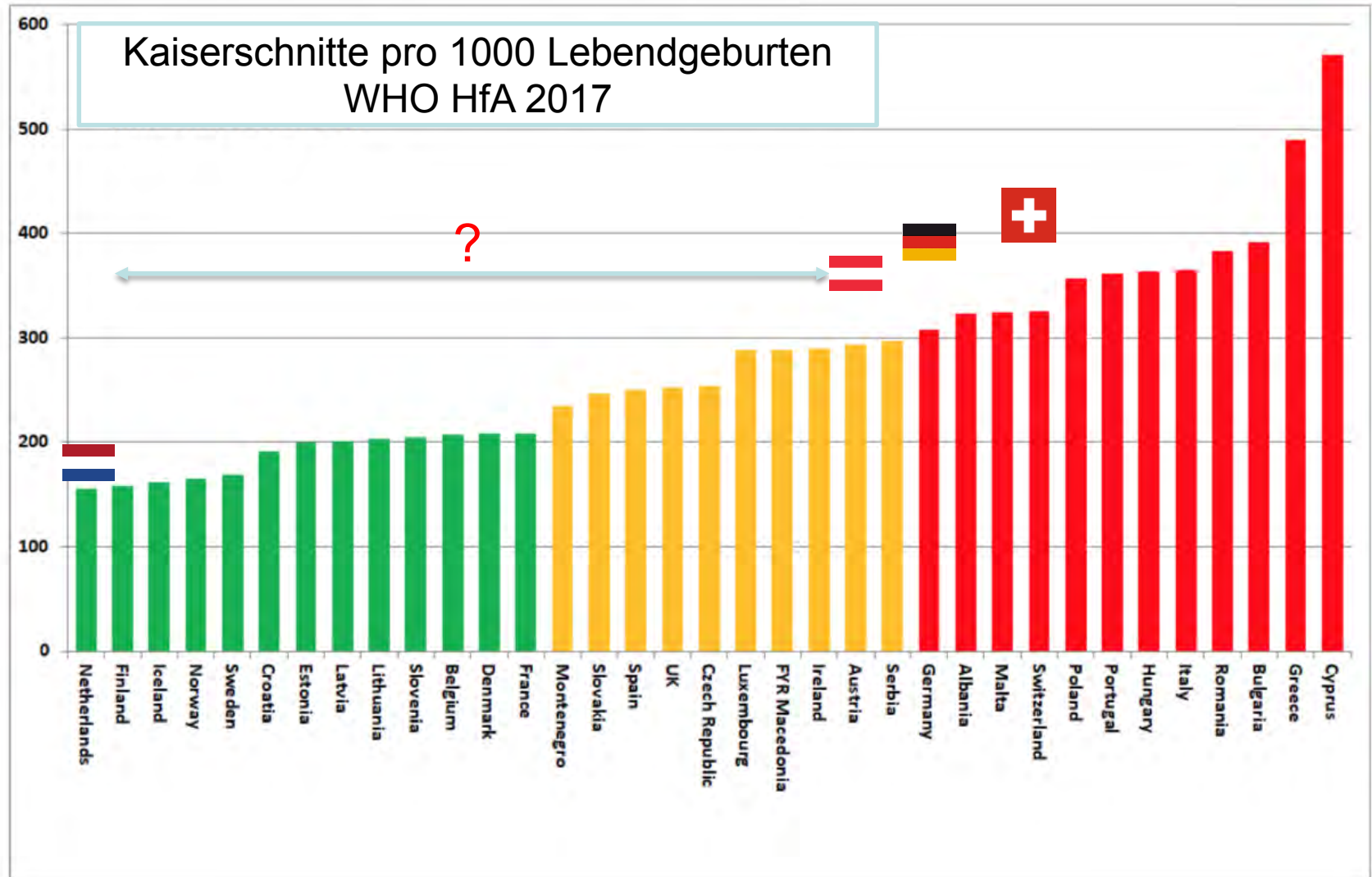


A. Rhodes
P. Ferdinande
H. Flaatten
B. Guidet
P. G. Metnitz
R. P. Moreno

The variability of critical care bed numbers in Europe



Differences raise questions

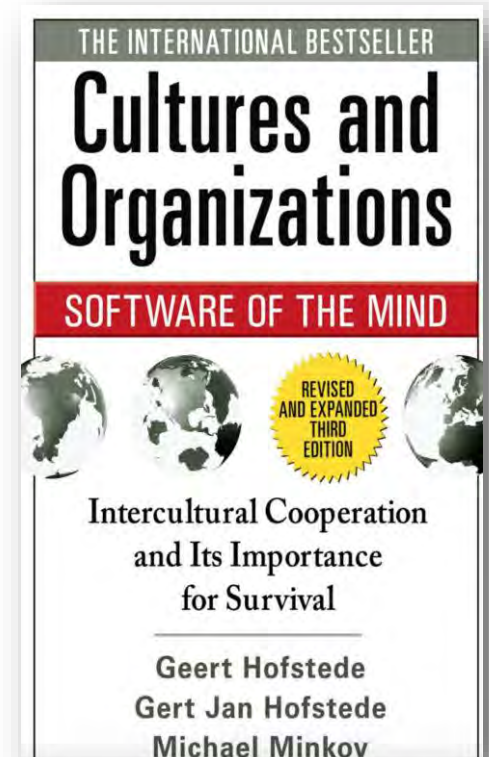


This takes 10 minutes...

- **The challenge**
- **The reasons behind**
- **Across borders**
- **Network-prevention**

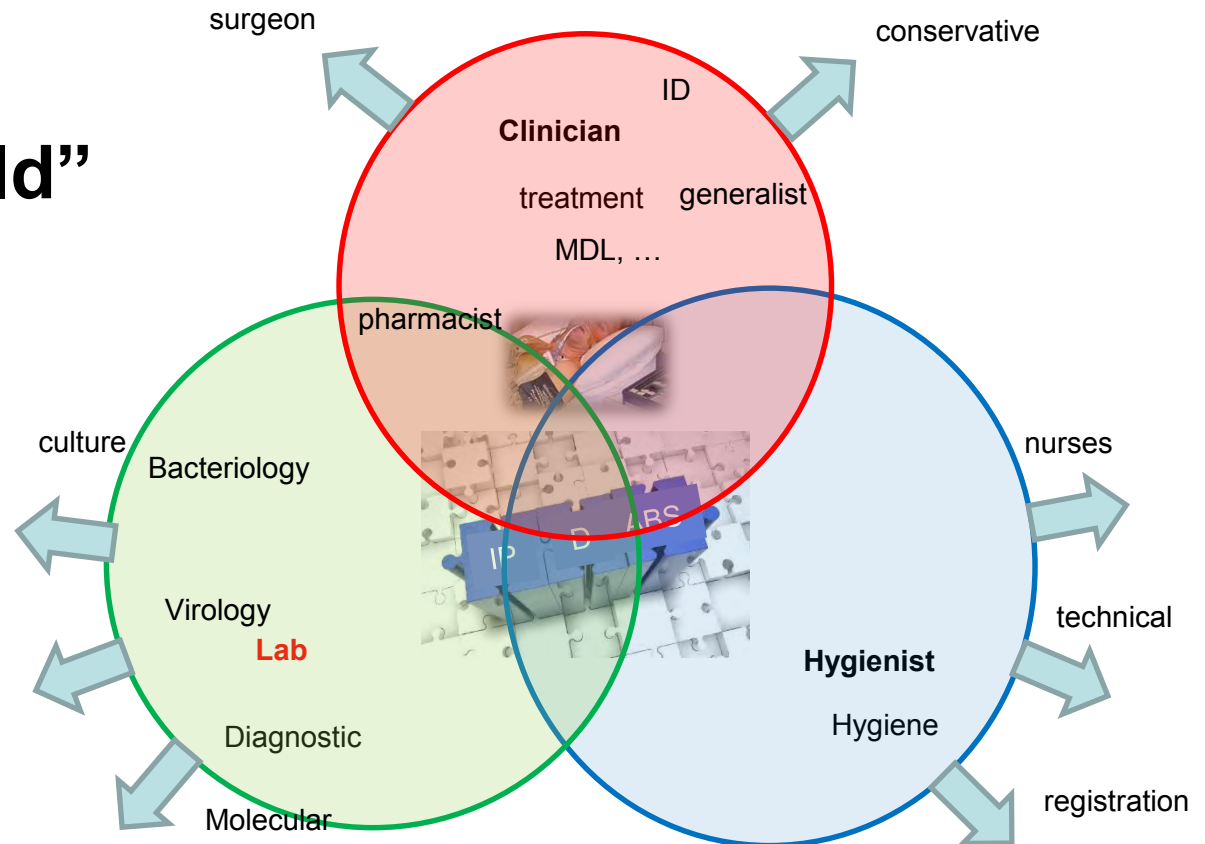
Borders are the lived space between cultures

- ...of countries/regions
- ...of professionals
- ...of departments
- ...of...



From competence...

The “old world” approach



...to Metacompetence

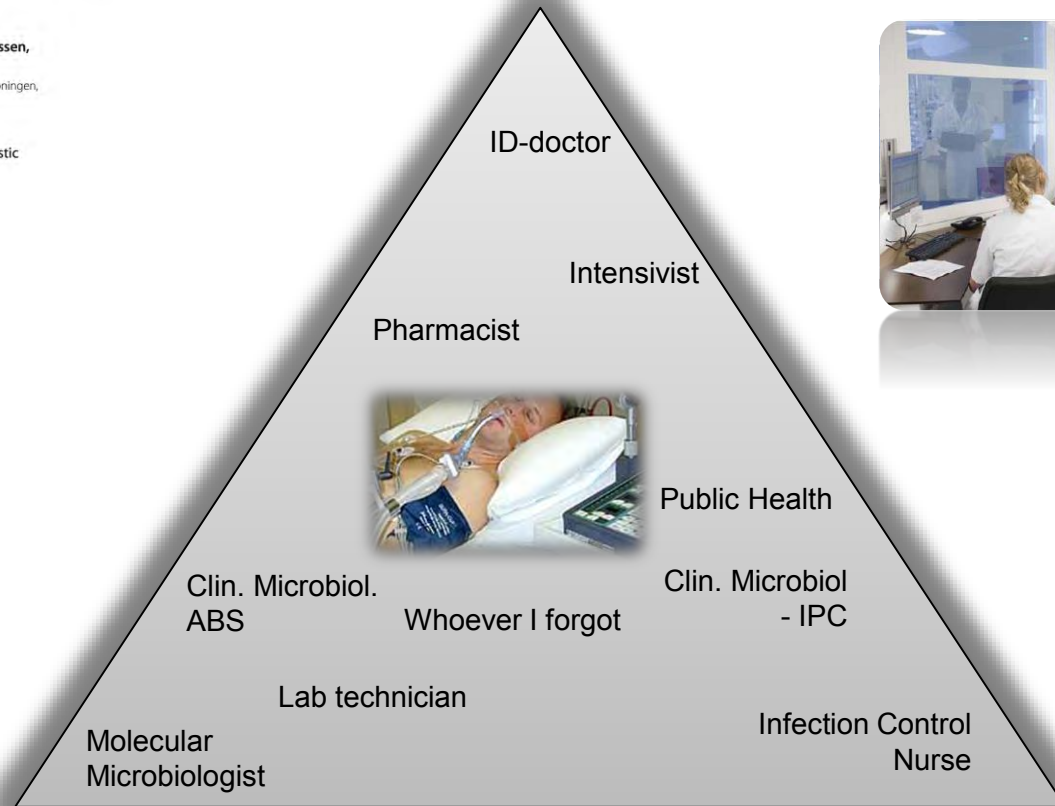
Integrated Stewardship Model Comprising Antimicrobial, Infection Prevention, and Diagnostic Stewardship (AID Stewardship)

J. H. Dik, R. Poelman, A. W. Friedrich, H. G. M. Niesters, J. W. A. Rossen,
B. Sinha

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KEYWORDS antimicrobial stewardship, antimicrobial resistance, diagnostic
stewardship, integrated stewardship

Antimicrobial Stewardship

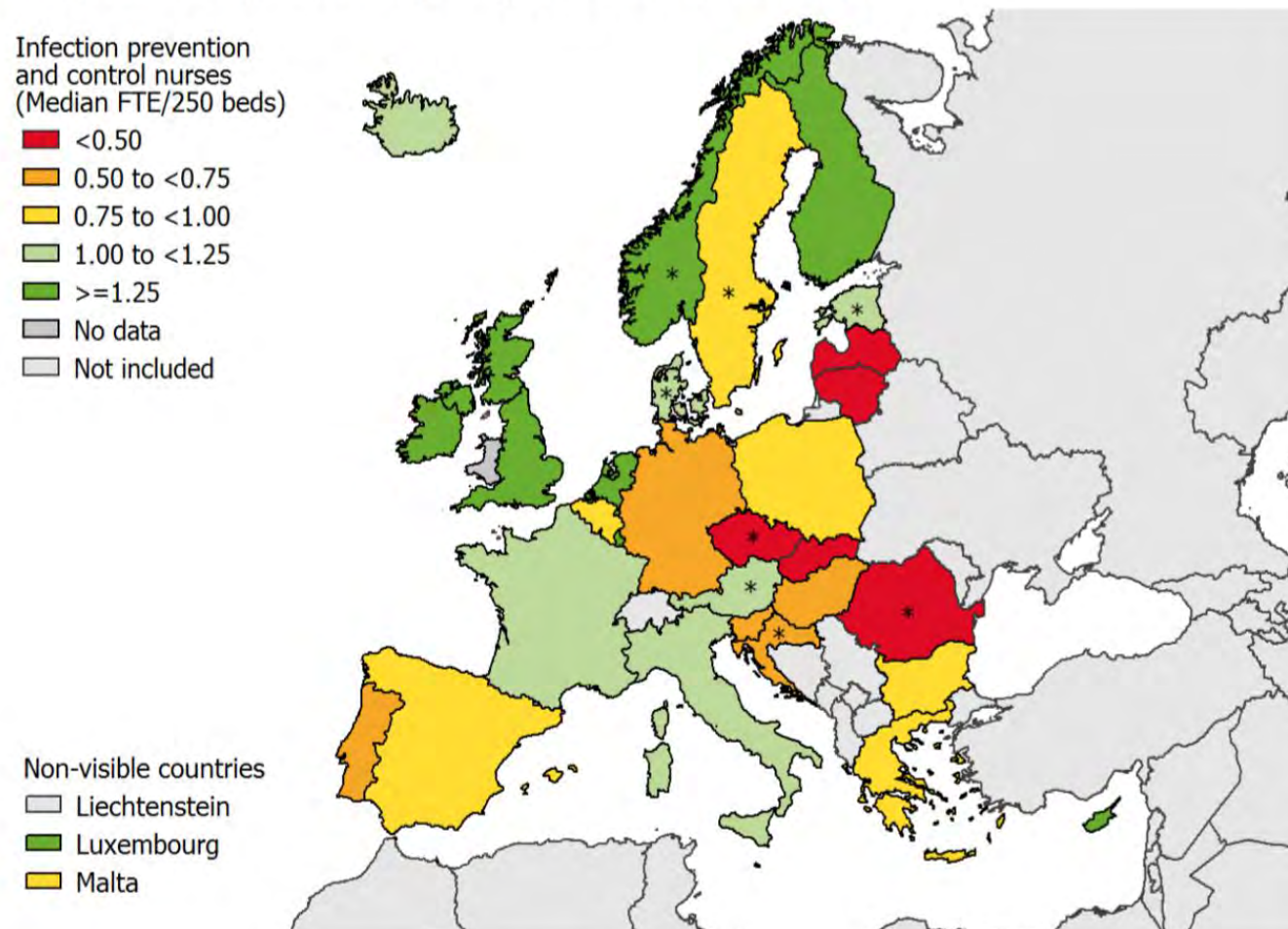


Courtesy: NVMM.nl

Diagnostic Stewardship

Infection Prevention Stewardship

Figure 19. Median number of infection prevention and control nurse full-time equivalents (FTE) per 250 hospital beds (n=866 hospitals), ECDC PPS 2011–2012



**PPS data representativeness was poor in Austria, Croatia, Czech Republic, Estonia and Romania and very poor in Denmark and Sweden.*



Articles

Nurse staffing and education and hospital mortality in nine European countries: a retrospective observational study

Prof Linda H Aiken PhD ^a , Douglas M Sloane PhD ^a, Luk Bruyneel MS ^b, Koen Van den Heede PhD ^b, Prof Peter Griffiths PhD ^c, Prof Reinhard Busse MD ^d, Marianna Diomidous PhD ^e, Prof Juha Kinnunen PhD ^f, Prof Maria Kózka PhD ^g, Prof Emmanuel Lesaffre PhD ^h, Matthew D McHugh PhD ^a, M T Moreno-Casbas PhD ⁱ, Prof Anne Marie Rafferty PhD ^j, Rene Schwendimann PhD ^k, Prof P Anne Scott PhD ^l, Prof Carol Tishelman PhD ^m, Theo van Achterberg PhD ⁿ, Prof Walter Sermeus PhD ^b, for the RN4CAST consortium [†]

 [Show more](#)

- An increase in a nurses' workload by one patient increased the likelihood of an inpatient dying within 30 days of admission by 7% (odds ratio 1·068, 95% CI 1·031–1·106),
- Every 10% increase in bachelor's degree nurses was associated with a decrease in this likelihood by 7% (0·929, 0·886–0·973).

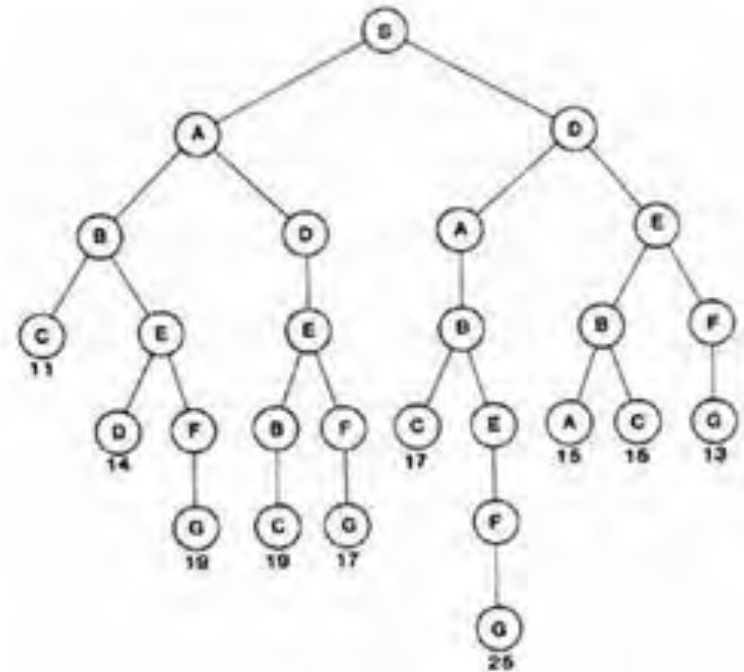
Change needs networks, networks need trust

types of organization



network

Bottom up
Decentralized
Redundant
Long-term goal
Highly adaptive



hierarchy

Top down
Centralized
Easy to control
Short-term goal
Stable, inflexible

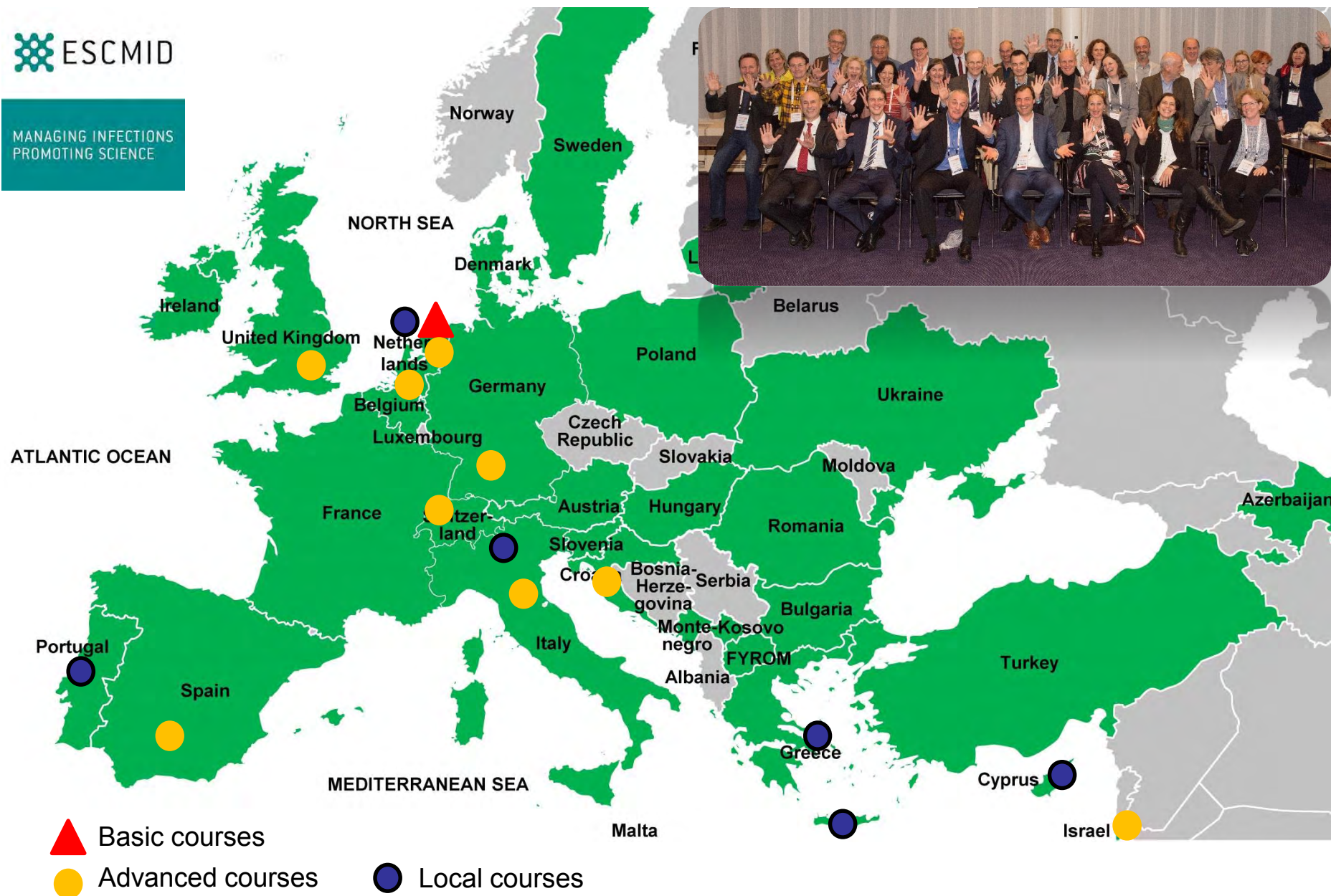
EUCIC participating countries Courses (2016-2019)



EUROPEAN COMMITTEE ON
INFECTION CONTROL



MANAGING INFECTIONS
PROMOTING SCIENCE



Metacompetence



“Socratic dialogue” learning:

In my country we do...

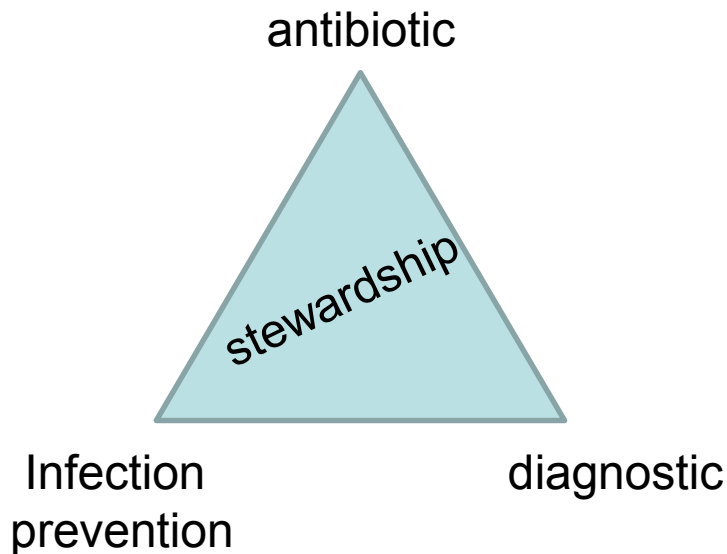
What a nice particularity to see...



Meta-competence

humility

To know, how it should be from one specialty/profession pointview, is not enough

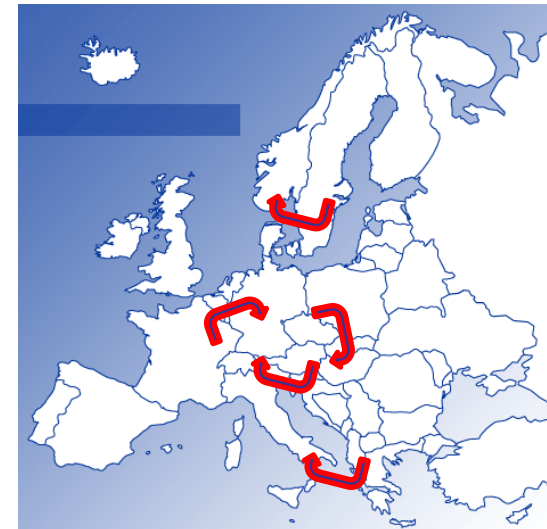


“Every professional can offer an answer to others”

European competence

curiosity

To know, how it works in one country, is not enough

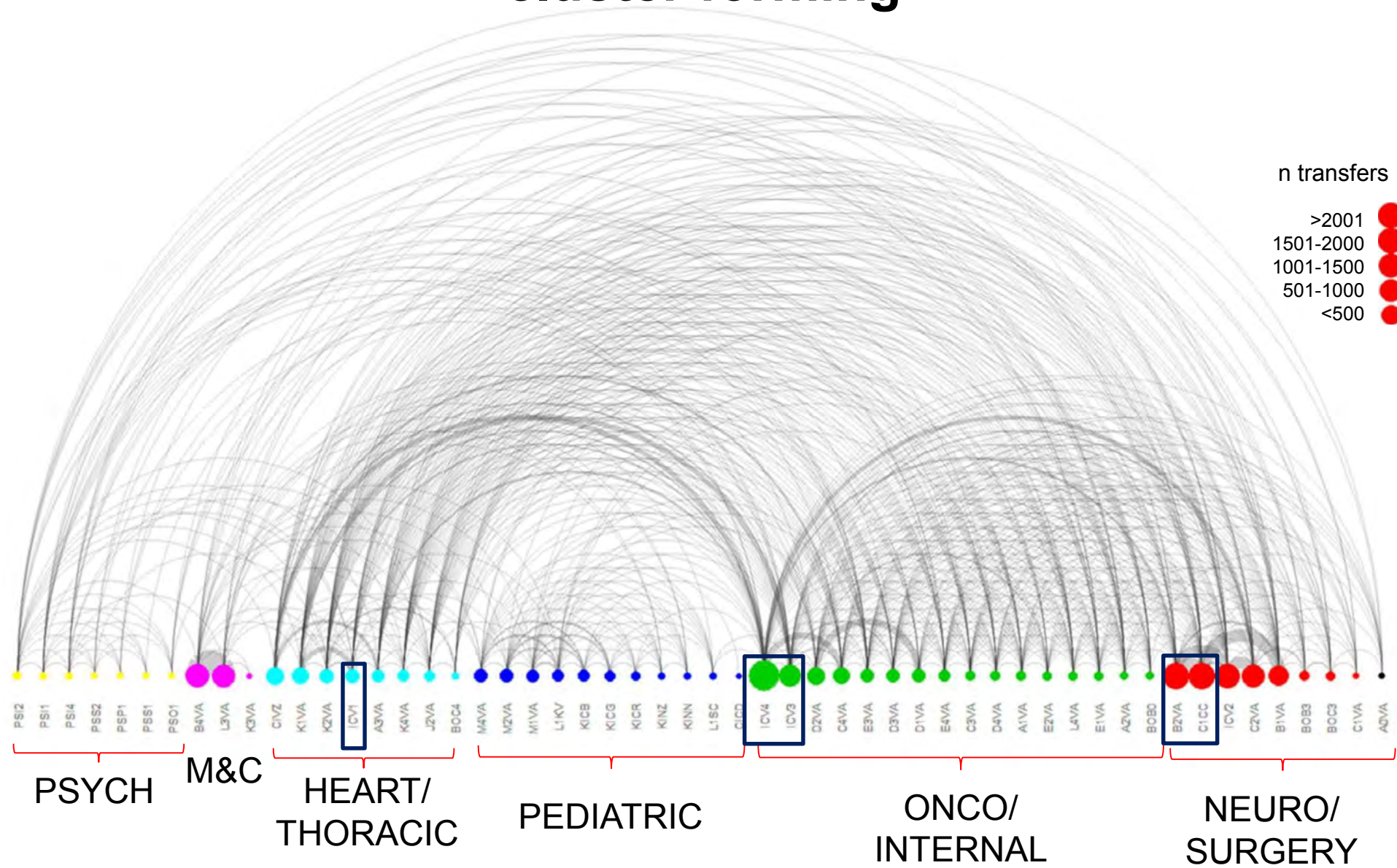


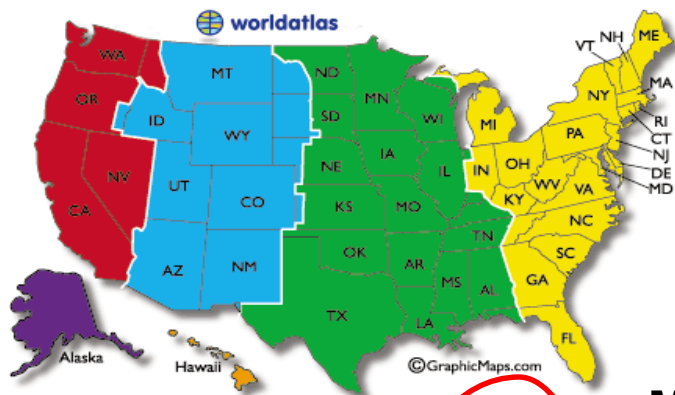
“Every country can offer an answer to others”

The last 10 minutes...

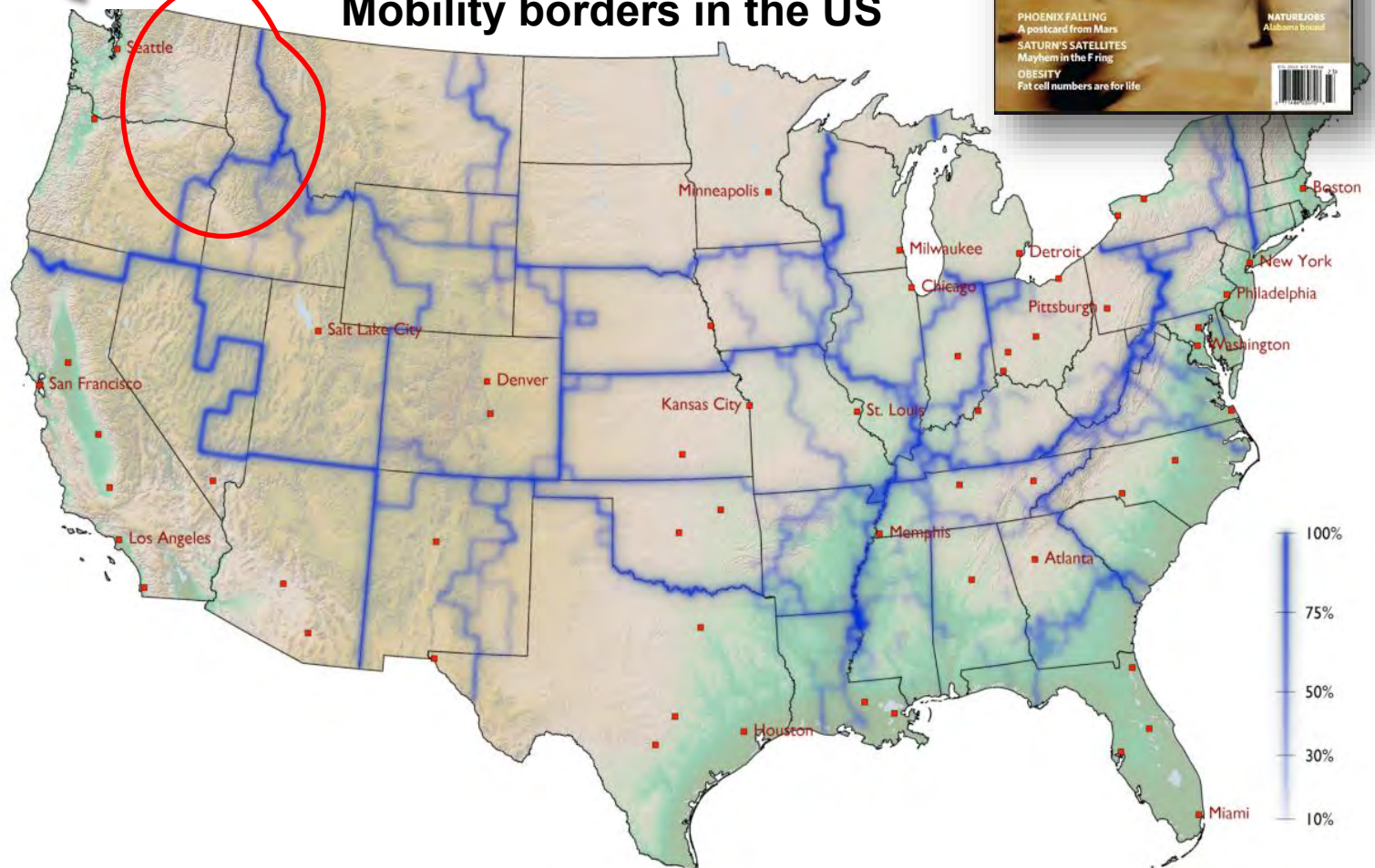
- The challenge
- The reasons behind
- Across borders
- Network-prevention

Patient transfer within hospitals show cluster forming

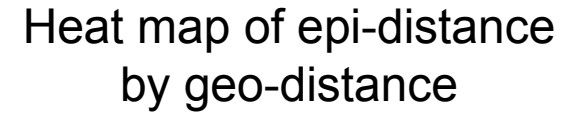


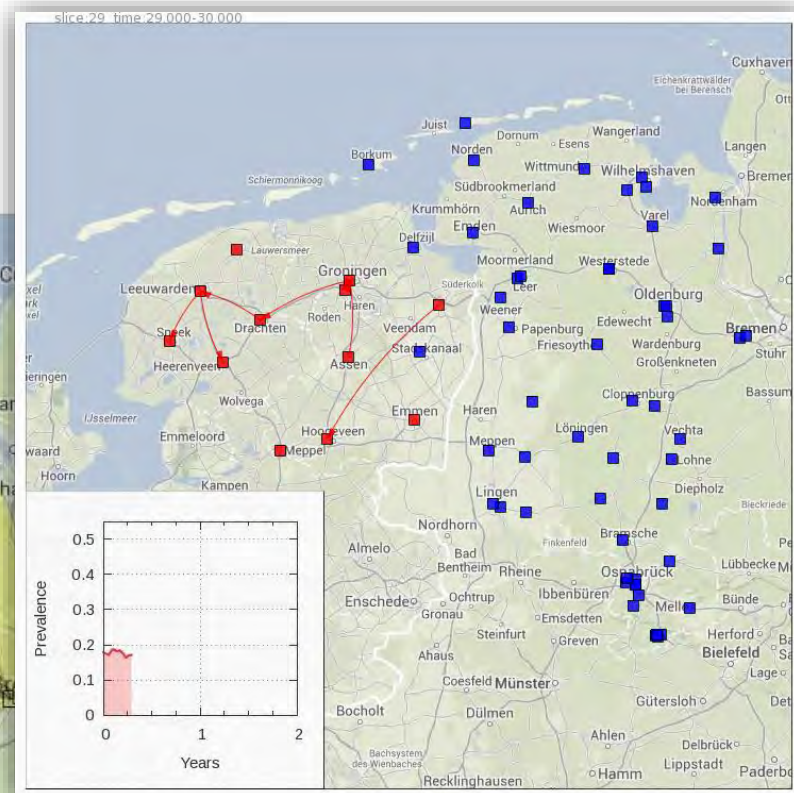
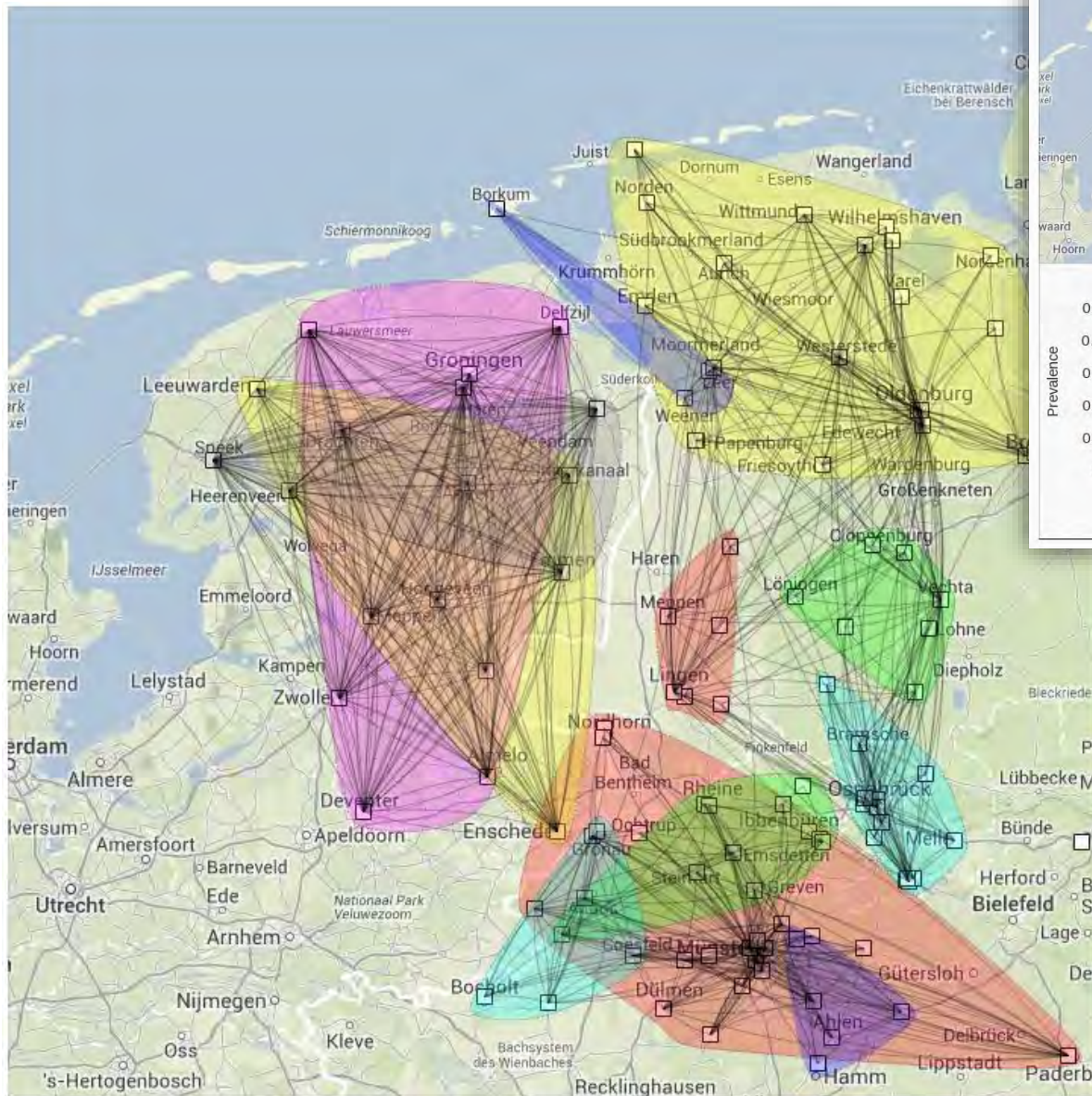


Mobility borders in the US



Healthcare network map

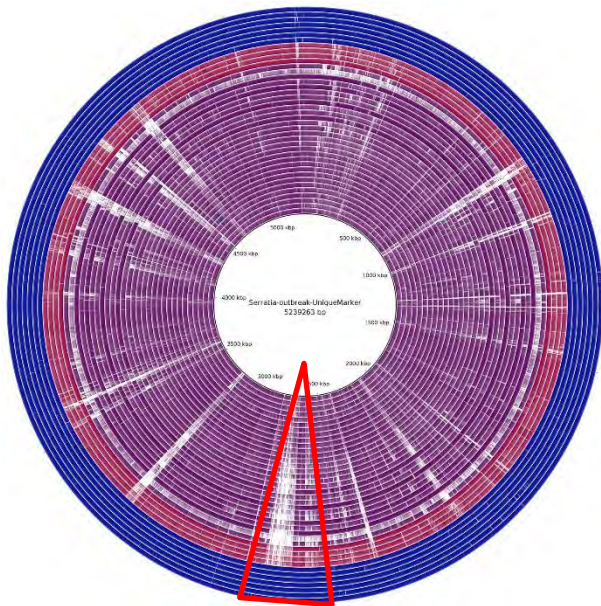




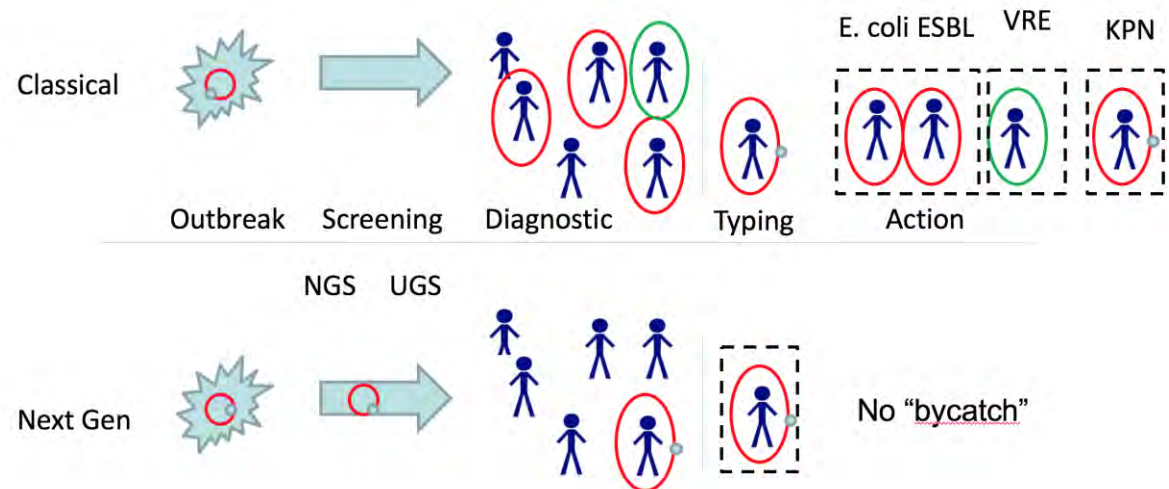
Data: Tjibbe Donker (UMCG- RIVM)
 Matthias Pulz (NLGA)
 Network analysis: Mariano Ciccolini

Using NGS for outbreak-specific screening test

- Next Gen sequencing
- Identifying **Unique Marker Signatures**
- **Ad hoc design** of Primers for outbreak isolate
- Appropriate infection control measures



Comparative Genome analysis during a *K. pneumoniae*-outbreak

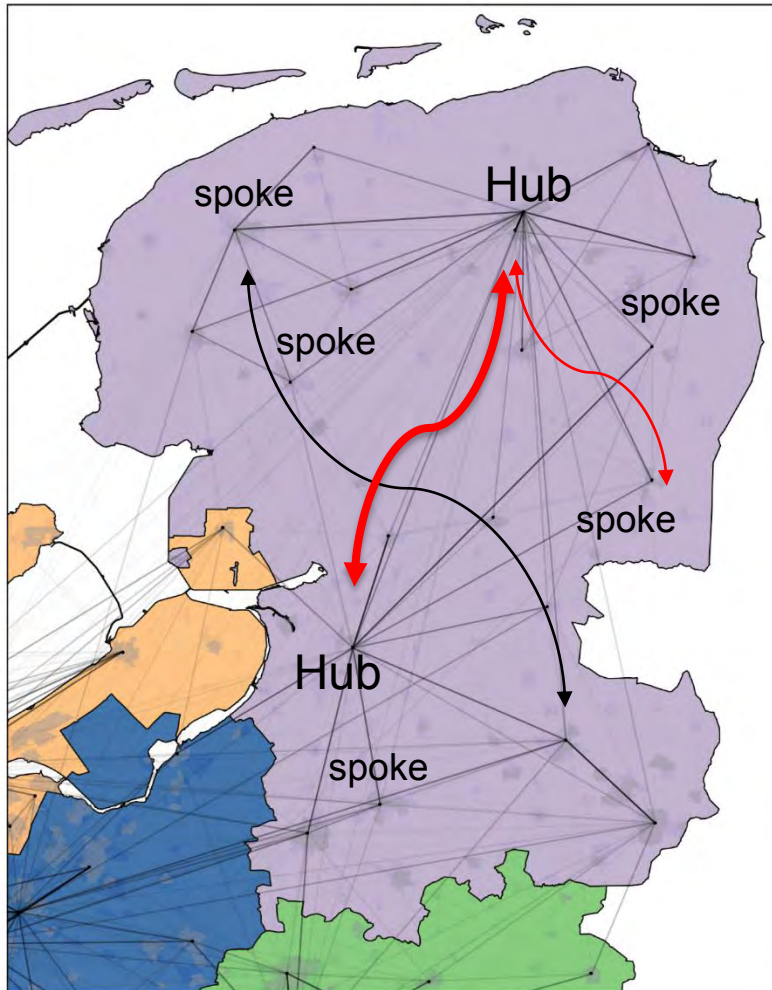
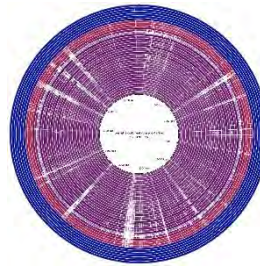


Hub&Spoke Microbiology



umcg

isala



Spokes

- Screening and send outbreak-strains to hub
- swarm-screening with adapted primers

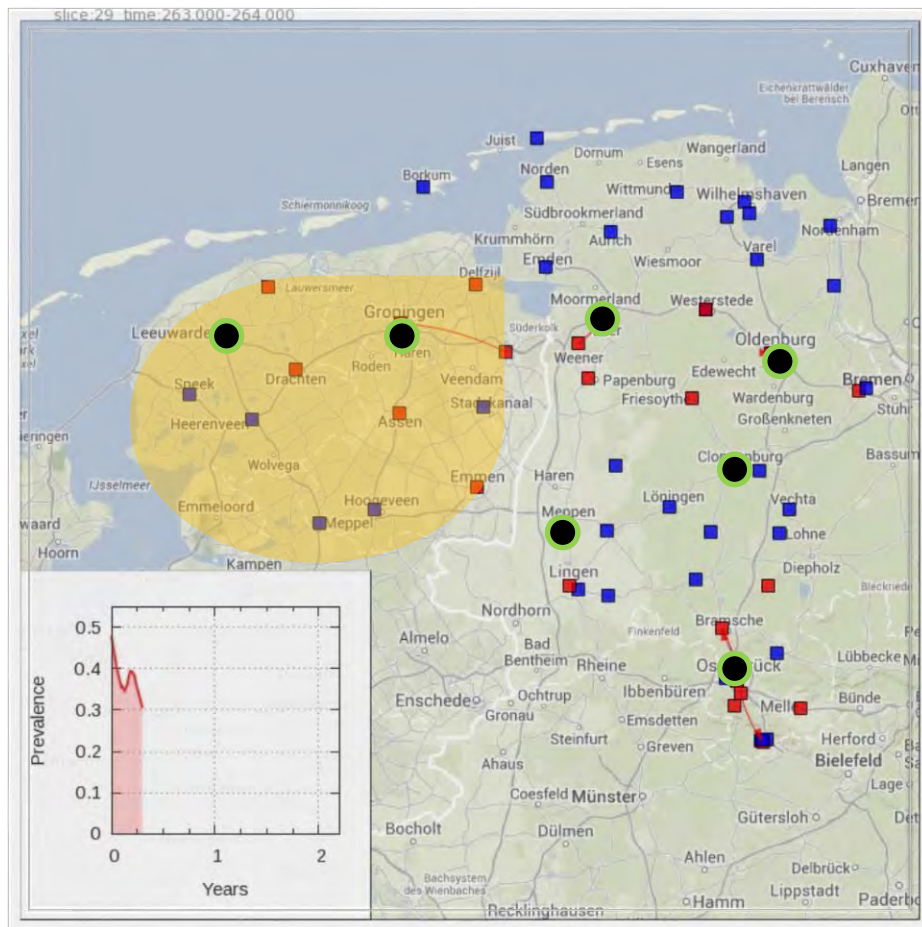
Hubs

- Molecular Surveillance and *ad hoc* Development of outbreak-specific diagnostic
- Regional sharing of primer with spokes

Rapid, Responsive and Relevant

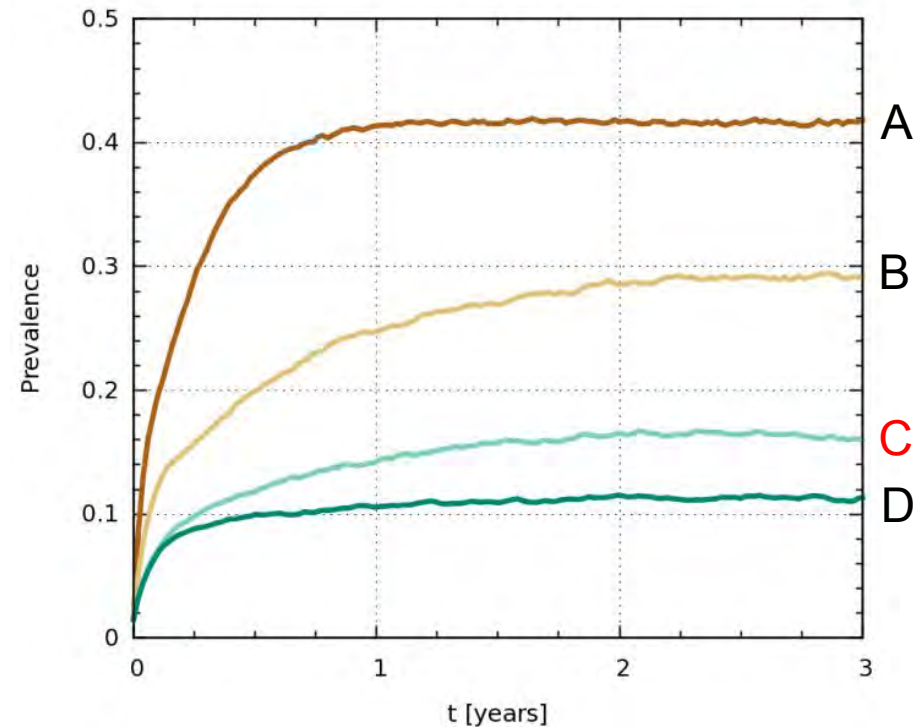
Hub&Spoke-intervention in the Dutch-German Euregio

● hub-hospital
■ ■ spoke-hospital



Effect on outbreak dynamic

[A] No reduction
 [B] All hospitals, 50% reduction
 [C] 5+5 most central hospitals, 80% reduction
 [D] Combined strategy [A]+[B]



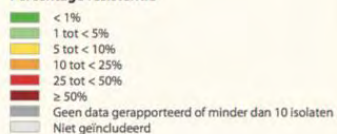
Get back to Epidemiological Reality



CRE-free in 2030

- 250 AMR Prevention Regions
- Inter-mural Network-forming
- Regional System-budget
- 1 Euro/citizen/year

Percentage resistentie



2019



2030



273 European Prevention Regions (NUTS2)



Map of scientific collaboration, O.H. Beauchesne; <http://collabo.olihb.com/collabolinks.jpg>

“Roll back CRE”

- ❑ Regional data, more than national**
- ❑ Look at system-related factors**
- ❑ Network awareness**
- ❑ Be rapid, responsive and relevant**
- ❑ European meta-competence**



Thank you!