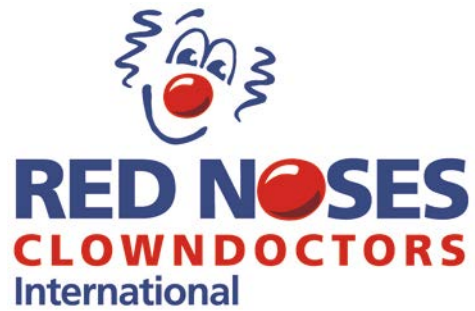
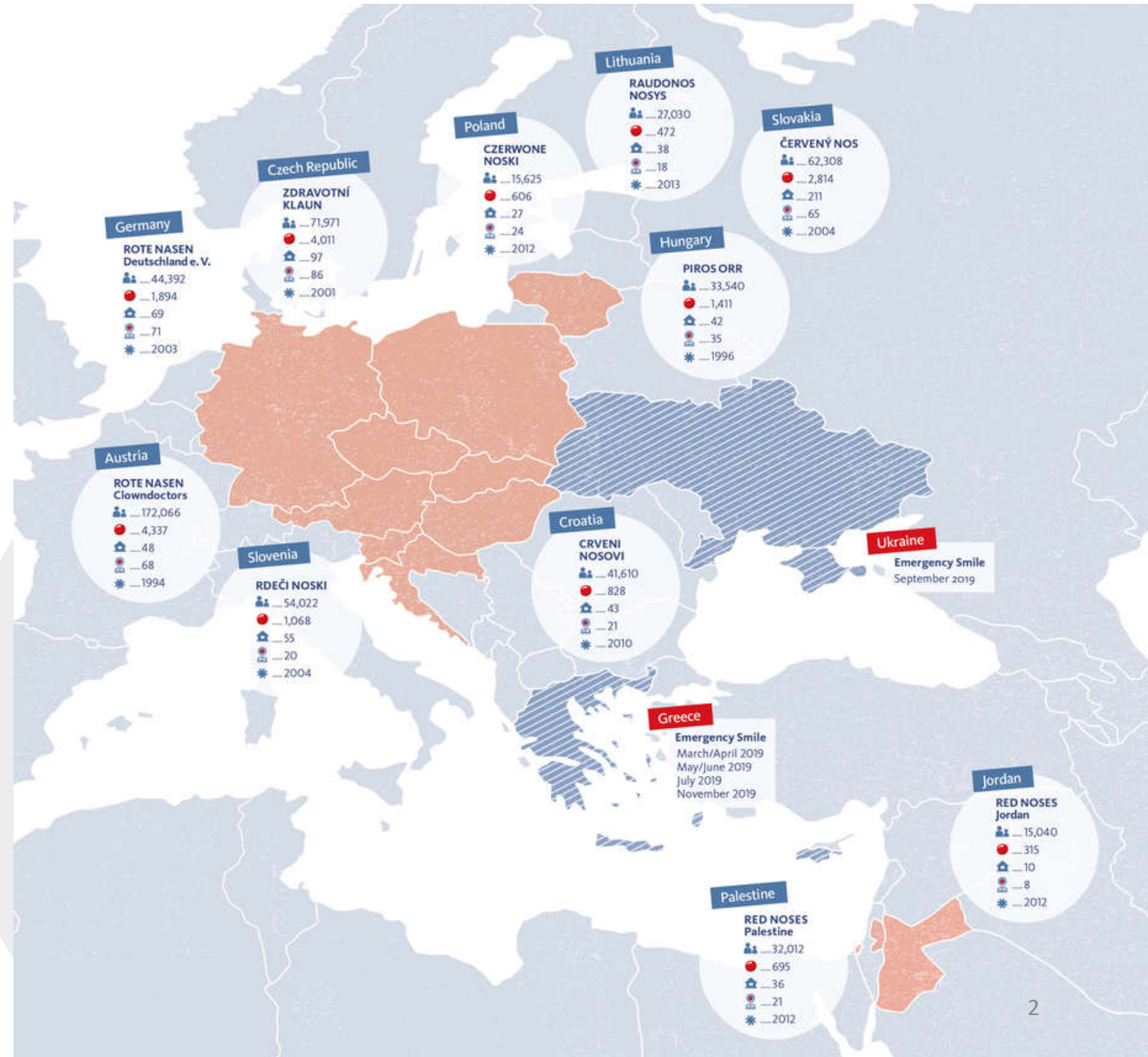


RED NOSES
CLOWNDOCTORS
International





- ❖ 12 Countries
- ❖ International Emergency Missions
- ❖ 480 Clowns
- ❖ 580 Medical Institutions
- ❖ Programs for
 - ❖ Children
 - ❖ Senior patients
 - ❖ Rehabilitation patients
 - ❖ Children with special needs
 - ❖ Children with Autism Disorder
 - ❖ People with Dementia
 - ❖ Vulnerable people in crisis and emergency situations



RED NOSES Clown programmes

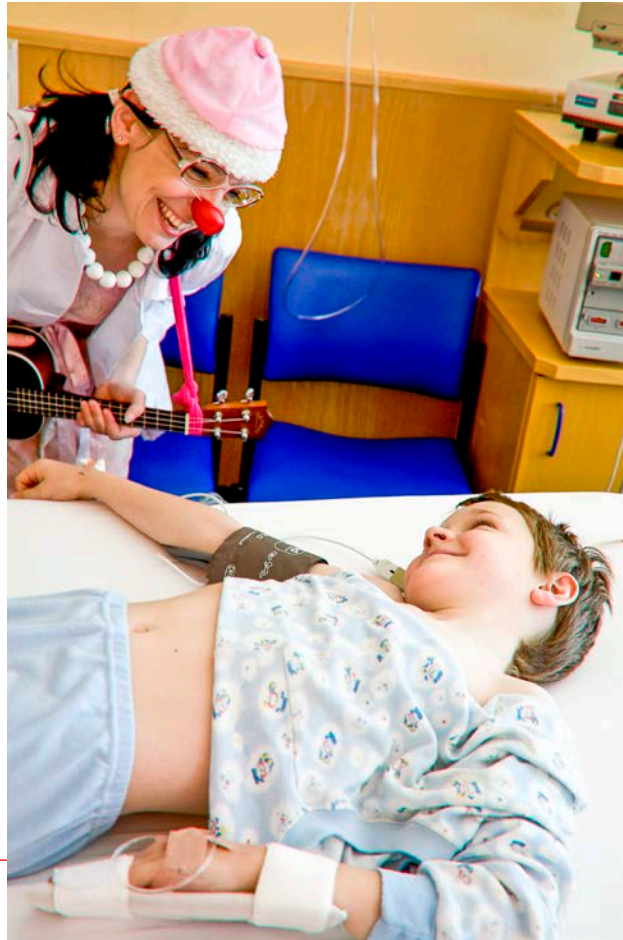


Focus on both the **physical and psychological wellbeing of the patient**, seeking to ease the stress caused by painful treatments and long stays in the hospital.



Specially trained performing artists working in pairs are regularly visiting patients directly at their bedside to interact individually with each person.

The Clown Visit



Psychosocial support

RED NOSES Clowndoctors use several mechanisms of humour to promote the wellbeing of their patients.

Humour helps shifting the focus away from unpleasant procedures and preparation for surgery!

Humour helps empowering the patient when she/he is showing signs of fear.

Humour fosters the relationships between patient and caregiver.

More Effects of Humour in Healthcare



Psychosocial support (cont.)

Integration and participation of people with disabilities and long-term hospitalized patients.

Reduces isolation.

Increases self-esteem and self-confidence.

Facilitates the transmission of important health-related content through interactive play and non-formal education components.

How
should
I wash
my
hands ?





In Laughter there is Hope



General Impact – Children in Hospitals

•Physical changes

- More energy
- Muscles more relaxed
- Better **attention**
- More eye contact

•Emotional changes

- Reduced stress and anxiety
- More communicative
- **Laugh** and make jokes
- Remember good moments
- Chronically ill children develop new **coping strategies**

(Dionigi, 2018), (Sridharan & Sivaramakrishnan, 2016), (Zhang et al., 2017),
(Sittenthaler et al., 2013), (Scheel et al., 2016).

